



PATIENT MANUAL

Inspire II Implantable Pulse Generator Model 3024

Rx Only

medical device will not make the desired (or any) adjustment to your Inspire system.

Patient Activities

Component manipulation (twiddler's syndrome). Do not manipulate (move) or rub your stimulator or leads through your skin; this is sometimes called “twiddler's syndrome.” Manipulation can cause damage to the components, lead dislodgement, skin damage, or unintended stimulation.

Scuba diving or hyperbaric chambers. Do not dive below 10 meters (33 feet) of water or enter hyperbaric chambers above 2.0 atmospheres absolute (ATA). Pressures below 10 meters (33 feet) of water (or above 2.0 ATA) can damage your stimulator or leads. Before diving or using a hyperbaric chamber, discuss the effects of high pressure with your doctor.

Skydiving, skiing, or hiking in the mountains. High altitudes should not affect the stimulator; however, you should consider the movements involved in any planned activity and take precaution to not put undue stress on your stimulator or leads. During skydiving, the sudden jerking that occurs when the parachute opens can dislodge or break a lead, requiring additional surgery to repair or replace the lead.



Manufacturer

Inspire Medical Systems, Inc
9700 63rd Avenue North
Maple Grove, MN 55369
USA

Tel. 1-844-672-4357 Toll Free

or 763-205-7970

Fax 763-537-4310

www.inspiresleep.com